Food and Nutrition Healthy-Meals for Kids

Summer 2021 Menu

	6/21	6/22	6/23	6/24	6/25
/	Cereal Bar Fruit Juice	Cinni Mini Applesauce Cup	Muffin Craisins	Cereal Orange Wedges	Cherry Frudel Apple Slices
Breakfast	String Cheese	String Cheese	String Cheese	String Cheese	String Cheese
	Milk	Milk	Milk	Milk	Milk
Lunch	Grab & Go Hardboiled Egg, Yogurt, & Mini Loaf Apple Slices Milk	Turkey Ham & Cheese Sub Pineapple Tidbits Juice Milk	Bento Box Turkey Circles, Cheese Cubes, Baby Carrots Crackers Berry Cup Milk	Chicken Caesar Salad Apple Slices Crackers Milk	Cheesy Nachos Refried Beans Salsa Orange Wedges Milk
Snack	Cheez-it Yogurt	Cheese Cubes Goldfish Pretzel	String Cheese Apple Slices Veggie Juice	Cereal Milk	Turkey Circles Cheese Slices Cheezits
	6/28	6/29	6/30	7/1	7/2
Breakfast	Cinnamon Danish Fruit Juice String Cheese Milk	Cereal Apple Slices String Cheese Milk	Muffin Craisins String Cheese Milk	Mini Waffles Fruit Juice String Cheese Milk	Bagel & Cream Cheese Applesauce Cup String Cheese Milk
Lunch	Turkey & Cheese Sandwich Broccoli Florets Applesauce Cup Milk	Taco Salad Beef Taco Meat, Shredded Romaine, Grape Tomatoes, Cheddar Cheese Tortilla Chips Milk	Chef Salad Crackers Peaches Milk	Turkey Ham & Cheese Sub Grape Tomatoes Apple Slices Milk	Cheesy Nachos Refried Beans Salsa Orange Wedges Milk
Snack	Goldfish Cheddar String Cheese	Chocolate Chip Cookie Milk	Turkey Circles Cheese Slices Cheezits	Cereal Bar Yogurt	String Cheese Berry Cup Baby Carrots

Menu subject to change without prior notification. Meals must be eaten on site. For any comments, suggestions or questions please contact 608-204-4008.

For more information, visit our website https://foodsvcweb.madison.k12.wi.us/



FREE Food and Nutrition Healthy-Meals for Kids

Summer 2021 Menu

	7/5	7/6	7/7	7/8	7/9
Breakfast		Cereal Bar Fruit Juice String Cheese Milk	Muffin Craisins String Cheese Milk	Cereal Orange Wedges String Cheese Milk	Cherry Frudel Apple Slices String Cheese Milk
Lunch	No Service 4 th of July Holiday	Grab & Go Hardboiled Egg, Yogurt, & Mini Loaf Apple Slices Milk	Bento Box Turkey Circles, Cheese Cubes, Baby Carrots Crackers Berry Cup Milk	Chicken Caesar Salad Apple Slices Crackers Milk	Cheesy Nachos Refried Beans Salsa Orange Wedges Milk
Snack		Cheez-it Yogurt	String Cheese Apple Slices Veggie Juice	Cereal Milk	Turkey Circles Cheese Slices Cheezits
	7/12	7/13	7/14	7/15	7/16
Breakfast	Cinnamon Danish Fruit Juice String Cheese Milk	Cereal Apple Slices String Cheese Milk	Muffin Craisins String Cheese Milk	Mini Waffles Fruit Juice String Cheese Milk	Bagel & Cream Cheese Applesauce Cup String Cheese Milk
Lunch	Turkey & Cheese Sandwich Broccoli Florets Applesauce Cup Milk	Taco Salad Beef Taco Meat, Shredded Romaine, Grape Tomatoes, Cheddar Cheese Tortilla Chips Milk	Chef Salad Crackers Peaches Milk	Turkey Ham & Cheese Sub Grape Tomatoes Apple Slices Milk	Cheesy Nachos Refried Beans Salsa Orange Wedges Milk
Snack	Goldfish Cheddar String Cheese	Chocolate Chip Cookie Milk	Turkey Circles Cheese Slices Cheezits	Cereal Bar Yogurt	String Cheese Berry Cup Baby Carrots

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Summer 2021 Menu

	7/19	7/20	7/21	7/22	7/23
/	Cereal Bar	Cinni Mini	Muffin	Cereal	Cherry Frudel
Breakfast	Fruit Juice	Applesauce Cup	Craisins	Orange Wedges	Apple Slices
DIEdkidst	String Cheese	String Cheese	String Cheese	String Cheese	String Cheese
	Milk	Milk	Milk	Milk	Milk
Lunch	Grab & Go Hardboiled Egg, Yogurt, & Mini Loaf Apple Slices Milk	Turkey Ham & Cheese Sub Pineapple Tidbits Juice Milk	Bento Box Turkey Circles, Cheese Cubes, Baby Carrots Crackers Berry Cup Milk	Chicken Caesar Salad Apple Slices Crackers Milk	Cheesy Nachos Refried Beans Salsa Orange Wedges Milk
Snack	Cheez-it Yogurt	Cheese Cubes Goldfish Pretzel	String Cheese Apple Slices Veggie Juice	Cereal Milk	Turkey Circles Cheese Slices Cheezits
	7/26	7/27	7/28	7/29	7/30
	Cinnamon Danish	Cereal	Muffin	Mini Waffles	Bagel & Cream Cheese
Breakfast	Fruit Juice	Apple Slices	Craisins	Fruit Juice	Applesauce Cup
	String Cheese	String Cheese	String Cheese	String Cheese	String Cheese
	Milk	Milk	Milk	Milk	Milk
Lunch	Turkey & Cheese Sandwich Broccoli Florets Applesauce Cup Milk	Taco Salad Beef Taco Meat, Shredded Romaine, Grape Tomatoes, Cheddar Cheese Tortilla Chips Milk	Chef Salad Crackers Peaches Milk	Turkey Ham & Cheese Sub Grape Tomatoes Apple Slices Milk	Cheesy Nachos Refried Beans Salsa Orange Wedges Milk
	Goldfish Cheddar	Chocolate Chip Cookie	Turkey Circles	Cereal Bar	String Cheese
Snack	String Cheese	Milk	Cheese Slices	Yogurt	Berry Cup
			Cheezits		Baby Carrots

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FREE Food and Nutrition Healthy Meals for Kids

Summer 2021 Menu

	8/2	8/3	8/4	8/5	8/6
Breakfast	Cereal Bar Fruit Juice String Cheese Milk	Cinni Mini Applesauce Cup String Cheese Milk	Muffin Craisins String Cheese Milk	Cereal Orange Wedges String Cheese Milk	Cherry Frudel Apple Slices String Cheese Milk
Lunch	Grab & Go Hardboiled Egg, Yogurt, & Mini Loaf Apple Slices Milk	Turkey Ham & Cheese Sub Pineapple Tidbits Juice Milk	Bento Box Turkey Circles, Cheese Cubes, Baby Carrots Crackers Berry Cup Milk	Chicken Caesar Salad Apple Slices Crackers Milk	Cheesy Nachos Refried Beans Salsa Orange Wedges Milk
Snack	Cheez-it Yogurt	Cheese Cubes Goldfish Pretzel	String Cheese Apple Slices Veggie Juice	Cereal Milk	Turkey Circles Cheese Slices Cheezits
	8/9	8/10	8/11	8/12	8/13
Breakfast	Cinnamon Danish Fruit Juice String Cheese Milk	Cereal Apple Slices String Cheese Milk	Muffin Craisins String Cheese Milk	Mini Waffles Fruit Juice String Cheese Milk	Bagel & Cream Cheese Applesauce Cup String Cheese Milk
Lunch	Turkey & Cheese Sandwich Broccoli Florets Applesauce Cup Milk	Taco Salad Beef Taco Meat, Shredded Romaine, Grape Tomatoes, Cheddar Cheese Tortilla Chips Milk	Chef Salad Crackers Peaches Milk	Turkey Ham & Cheese Sub Grape Tomatoes Apple Slices Milk	Cheesy Nachos Refried Beans Salsa Orange Wedges Milk
Snack	Goldfish Cheddar String Cheese	Chocolate Chip Cookie Milk	Turkey Circles Cheese Slices Cheezits	Cereal Bar Yogurt	String Cheese Berry Cup Baby Carrots

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