

PARTNERSHIP



MADISON METROPOLITAN
SCHOOL DISTRICT



PROGRAM INFORMATION

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BEHAVIORAL HEALTH IN SCHOOLS



"I think my child really benefited from BHS because they turned it around in school and they're doing a lot better. They weren't getting in trouble every single day anymore, I wasn't getting phone calls every day. They just more respectful, more patient, able to walk away and start over."

-Parent Feedback

WELLBEING.
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WHAT IS BHS?

Behavioral Health in Schools (BHS) is a partnership to support your child's overall wellbeing. BHS promotes mental health and social-emotional development within the school environment. To achieve this goal, a licensed mental health therapist is available in the school building to work individually with students and their families to increase success at home and school. The therapist also becomes a part of the school team and communicates with school staff to further support your child's development.

Getting Started

- BHS is available to students who are experiencing a social or emotional concern and have **difficulty accessing community services**.
- Parental consent is required for treatment and information sharing between the therapist and the school team.
- Parents must be present for the first session in order to sign for consent and establish shared goals for treatment.
- Parents are involved in the therapy process in order to achieve shared goals at home and schools (e.g., family sessions, regular communication).
- We provide effective services that are family-based and culturally responsive.

"It is clear that students who access BHS have had positive results. They are able to work on positive relationships with friends and I have seen growth in their academics."

-Staff Feedback



Provider

The mental health therapist in your school specializes in working with children and adolescents in the school setting. Their approach to therapy is collaborative, creative, and **family centered**. Services are confidential and use effective strategies to support student and academic success.

Collaboration

The therapist will develop a plan based on goals created in **partnership** with **the family**. They will create a schedule in **consultation** with your child's school that will support your child's growth in therapy and continued engagement in school. Sessions are provided during the school day.

Cost

Even though BHS is not a free service, in most situations family insurance will cover the services. Current insurance will be billed. If there are any insurance or financial concerns, the therapist will work with you to clarify any potential cost and support access to the program.